10th Annual Germantown Hills Fire-Rescue Challenge
Saturday, October 28, 2017
5K Run/Walk & Kids’ Fun Run

PLACE: Germantown Hills Fire Department (313 Prairie Ave, Germantown Hills, Illinois 61548)
(Germantown Hills is 10 miles North East of Peoria, IL on State Route 116)

TIME: 5,000 METER BEGINS 8:00 AM, CST (Race packets may be picked up at 7:00 AM.)
Kids’ fun run will begin at the conclusion of the 5000 Meter race

 COURSE: A mix of flats and hills on a blacktop surface. GHFD controlled traffic.

 FACILITIES: Restrooms and Showers available at Fire House

 ENTRY FEE: 5K: $25.00 entry fee up until October 10th. After October 10th, entry fee is $30.00.
Kids’ fun run: $15  All runners receive a FREE PANCAKE BREAKFAST after the race.

 SHIRT: All entries post marked by October 10th receive a shirt

 AWARDS: Unique medal for top three male and female and first three places in each division

AID STATIONS: Appropriately spaced along 5,000-meter route. Post race drinks to all runners.

GENERAL  Split times given. Award ceremony at approximately 9:30 AM.
INFORMATION: FINISH RESULTS WILL BE AVAILABLE ON GHFD WEBSITE http://www.germantownhillsfd.com/5KRace.html

Race day registration is available, however, you are encouraged to register BEFORE race day.
On-line registration is preferred: http://www.germantownhillsfd.com/5KRace.html
Email questions to: kmeyer@germantownhillsfd.com

****-0.67 Mile***  **************************************** 5,000 Meter****************************************

<table>
<thead>
<tr>
<th>Boys 8 &amp; under</th>
<th>Boys 14 &amp; under</th>
<th>Men 30 to 39</th>
<th>Girls 14 &amp; under</th>
<th>Women 19 to 29</th>
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<tbody>
<tr>
<td>Boys 9 to 12</td>
<td>Boys 15 to 18</td>
<td>Men 40 to 49</td>
<td>Girls 15 to 18</td>
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<td>Girls 8 &amp; under</td>
<td>Men 19 to 29</td>
<td>Men 50 to 59</td>
<td>Women 40 to 49</td>
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<tr>
<td>Girls 9 to 12</td>
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<td>Women 50 &amp; Over</td>
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Fire-Rescue Challenge details
Team of three or more from one Fire or Rescue Agency to run entire race (normal running apparel, turn out gear not required). Times from three fastest team members will be averaged. Fastest department will win trophy along with bragging rights.

Clydesdale Division
Attention runners 200 pounds plus, compete for the title of the most powerful. Runners must weigh in on race day. Weight and speed used to calculate power

ENTRY BLANK
Waiver and Release
The signing of this entry blank and the participation in Germantown Hills Fire-Rescue Challenge is with full knowledge of the risks involved there in and the undersigned individually and/or as parent or guardian assumes the risk of any injury, sickness or health defect including death, resulting from or received during participation in the races, and further releases and agrees to save harmless the Germantown Hills Fire-Rescue Challenge, it’s committees, and sponsoring and assisting agencies, and individuals from any liability, damage, claim or judgment that may result from or arise out of the participation of the participant in this race.

PLEASE PRINT: Last Name________________________________ First Name__________________________

Age__________ Sex__________ Birth Date________________ Check if member of Fire-Rescue: ___ Department: ____________

Check One: _____ 0.67 Mile _____ 5,000 Meter Check if participating in Clydesdale Div: ______

Address________________________________________________________ Phone_____________________

City, State, Zip____________________ Email_____________________

Signature________________________________ Parent’s signature if under 18_____________________

Entry must be post marked by 10th October 2017 to receive a shirt

Shirt Sizes: Youth XS S M L Adult S M L XL XXL XXXL XXXXL

On-line registration is preferred: germantownhillsfd.com/5KRace.html
If registering manually, drop in person or send entry to:
Kevin Meyer, c/o Germantown Hills Fire Department 313 Prairie Ave.
Germantown Hills, Illinois 61548
Phone 309-383-4890 (Make checks payable to: GHFD Association)

5K Race entry fee: $_______ ($25 / $30 after Oct 10th)
Kids’ fun run fee: $_______ ($15)
Total: $__________