

Doggie Dash 5K Trail Run

Please bring the family and join us for a healthy morning of exercise. Enjoy the 5K trail run race! All proceeds support Critical Care For Animal Angels and Reid Rescue. Please consider bringing a bag of dog or cat food to be donated to Macon-Bibb County Animal Welfare.

Location: Georgia Industrial Children's Home
Address: 4690 N Mumford Rd, Macon, GA 31210
Time: 5K begins at 8 am
Date: Saturday, May 11th

Awards

5K: Overall top 3 male and female finishers.
Overall top male and female masters.
First place male/female finishers in the following age categories:
14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54,
55-59, 60-64, & 65+
(Second and third place recognition)

For questions concerning the race, contact:
Sara Kate Durkee @ (478) 960-5595
Or sarakatedoggiedash@gmail.com

Results posted: Macontracks.org

Race Packet Pickup

Day of Race: 6:45 – 7:45 am

Fees:	5K
Thru May 3rd	\$20.00_____
May 4th through Race Day (no t-shirt guaranteed)	\$25.00 _____
Age 18 years & under thru May 3rd	\$18.00_____
Age 18 years & under May 4th through Race Day (no t-shirt guaranteed)	\$22.00_____

Registrations received after May 3rd are not guaranteed a T-shirt!

Checks (payable): Doggie Dash 5K

Mail Forms to: Sara Kate Durkee
Attn: 5K Race Entry
110 Gleneagles Ct.
Macon, GA 31210

WAIVER: For consideration of the acceptance of my entry, I certify that I am in proper physical condition to participate in this event, and further agree that any and all sponsors, organizers, promoters, directors, or persons connected with the event are under no obligation to provide evidence of my physical fitness to participate in such event. I assume all risk associated with participating in this event. I hereby forever waive, release and discharge the directors, officers, members, sponsors, all officials, participants, organizers, planners, volunteers, Twins Cedars, Georgia Industrial Children's Home, and the city of Macon for any injuries sustained or arising out of my participation in the race and any pre-, post- or other race-related activities. I agree to abide by all instructions from race officials. I also give my permission to use my name and picture in any media account of this event.

Name (Print): _____		Event: 5K at 8 am	
City: _____ State: _____		Gender: ___ M ___ F	Age: _____ (on Saturday May 11, 2019)
E-mail Address: _____			Phone: _____
<i>T-shirt Size (circle one) :</i> (Shirts available while supplies last.) Unisex: S M L XL XXL- (add \$2) XXXL- (add \$3)			
Signature: _____ Parent/Guardian: (if under 18 years of age at time of entry)		Date: _____	