



4th Annual Get Fit 5k Race Saturday, October 30, 2021

Join us in a 5k Race located in Macon, Georgia one hour from Atlanta and 30 minutes from Forsyth. The race begins and ends at Beulahland Bible Church in Macon, Georgia.

“Fitness requires the shaping of mind too.”

Time: 5k: 8:00 a.m.
Check In begins at 7:30 a.m.

You can register online via www.beulahland.org, www.racerpal.com or mail registration form by October 9th, 2021, and make check payable to:

Beulahland Bible Church
Attn: **Julius Yates**
1010 Newberg Avenue
Macon, Georgia 31206

Location: Beulahland Bible Church, 1010 Newberg Ave., Macon, Georgia 31206

Registration Cost \$20.00

Registration End October 29th at 11:59 p.m.

NO REGISTRATION ON RACE DAY

Awards: Top Overall Male & Female

Top 2 Male & Female in the following age groups:
6-10, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44,
45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Last Name: _____ First Name: _____

Age on date of race: _____ Date of Birth: _____ Gender (Circle One): M F

Address: _____ City: _____ State: _____ Zip Code: _____

Email address: _____ Telephone Number: _____

Shirt Size (Circle One): XS S M L XL XXL XXXL (\$2.00 extra XXL & \$3.00 XXXL)

T-shirts only guaranteed to runners registered by October 9th.

In consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors, administrators, and assigns or anyone entitled to act on my behalf, release and discharge the Beulahland Bible Church and all sponsors, their representatives and successors and any other person assisting, on a voluntary basis or otherwise in putting on the event for any liability to me or them, including any injury or illness which might result from my participation. I further states that I am in proper physical condition to participate in a 5k Race. I give my permission for the free use of my name(s) and/or photo in any medium of this event.

Signature (or parent if under 18) & Date: _____